

CHARMAINE D'SOUZA

Clinical Nutritionist
Renowned Author
Consultant Dietitian

CHARLYENE D'SOUZA
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Make the best of the opportunity

KOHINOOR CONTINENTAL
Andheri Kurla Road, J B Nagar, Andheri East, Mumbai 400059
13th MAY 2022, 7 PM to 9 PM

DID YOU KNOW

You can manage Diabetes, Cardiac Disease, BP, Thyroid with natural remedies from your kitchen.

Kitchen herbs and spices have many therapeutic properties that can improve our health through better nutrition and natural care.

Charmaine with Good Health Always Team will spell out nutrition advice that she has shared with client's list worldwide including some of the country's most famous movie stars, corporates and wealthiest entrepreneurs.

Her health page on Facebook called **Good Health Always with Charmaine** has thousands of followers as does her Instagram page **@ghawithcharmaine**.

Find more on www.goodhealthalways.in



**CHRISTIAN CHAMBER OF
COMMERCE AND INDUSTRY**